

## INTERNATIONAL PORTABILITY

## International Cooperation Confirmation

## MEMORANDUM OF UNDERSTANDING BETWEEN POLISH AND INDIA REGISTRATION SYSTEMS

## in the Fitness Industry

(REPs Poland and REPs India)

This document constitutes an agreement between the registration systems for Instructors and Trainers within the fitness industry in Poland and India Its purpose is to facilitate the free movement of professionals between our respective countries, thereby benefiting both clients and professionals.

The key elements of this agreement include:

- Mutual recognition of certificates and accreditations issued by the registration systems in Poland (REPs Poland) and India (REPs India), enabling Trainers and Instructors to register in both systems.
- Sustaining cooperation through information exchange, sharing of best practices, and collaborative efforts to enhance standards within the fitness industry.

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President of REPs Poland	Founder & Director, REPS	India CEO REPs India
REPs Poland category		REPs India category
GROUP FITNESS INSTRUCTOR (Instru Zajęć Grupowych) EQF Level 3	uktor Grou	o Fitness Instructor (Freestyle)
GYM INSTRUCTOR AND FITNESS TRA (Instruktor Siłowni i Trener Zajęć Grupo EQF3 / Level 3,	Oym	Instructor
PERSONAL TRAINER (Trener Personaln / Level 4	y) EQF4 Perso	onal Trainer
MAT PILATES INSTRUCTOR (Instruktor F Poziom Podstawowy) – EQF3 / Leve		based Pilates Instructor
FULL PILATES INSTRUCTOR (Instruktor – Poziom Zaawansowany) – EQF4 / Le		prehensive Pilates Instructor
YOGA INSTRUCTOR (Instruktor Jogi) – I Level 4,	EQF4 / Yog	a Teacher



SENIOR SPECIALIST (Aktywny Senior) EQF Level 4	NA
MEDICAL PT - MOVEMENT THERAPY TRAINER (Trener Medyczny Terapia Ruchem) EQF Level 5	NA
MEDICAL PT - Nutritional Therapy Practitioner (Trener Medyczny Dietetyka) EQF Level 5	NA
MEDICAL PT - Mental Health Trainer (Trener Medyczny Psychologia) EQF Level 5	NA