

## INTERNATIONAL PORTABILITY

### International Cooperation Confirmation

#### **MEMORANDUM OF UNDERSTANDING BETWEEN POLISH AND THE UK REGISTRATION SYSTEMS**

**in the Fitness Industry**  
(REPs Poland and CIMSPA)

*This document constitutes an agreement between the registration systems for Instructors and Trainers within the fitness industry in Poland and the UK . Its purpose is to facilitate the free movement of professionals between our respective countries, thereby benefiting both clients and professionals.*

*The key elements of this agreement include:*

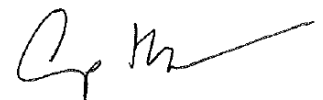
- *Mutual recognition of certificates and accreditations issued by the registration systems in Poland (REPs Poland) and the UK ( CIMSPA - Chartered Institute for the Management of Sport and Physical Activity), enabling Trainers and Instructors to register in both systems.*
- *Sustaining cooperation through information exchange, sharing of best practices, and collaborative efforts to enhance standards within the fitness industry.*

EDYTA BARTEJCZUK WOLAK



President of REPs Poland

COLIN HUFFEN



Associate Director Policy and Professional Services at CIMSPA

REPs Poland category	CIMSPA category
GROUP FITNESS INSTRUCTOR (Instruktor Zajęć Grupowych) EQF Level 3	<a href="#">CIMSPA Group Exercise Instructor Practitioner Member   CIMSPA</a>
GYM INSTRUCTOR (Instruktor Siłowni) EQF Level 3	<a href="#">CIMSPA Gym Instructor Practitioner Member   CIMSPA</a>
PERSONAL TRAINER (Trener Personalny) EQF Level 4	<a href="#">CIMSPA Personal Trainer Practitioner Member   CIMSPA</a>
PILATES INSTRUCTOR (Instruktor Pilates) EQF Level 4	<a href="#">CIMSPA Pilates Based Matwork Practitioner Member   CIMSPA</a>
YOGA FITNESS INSTRUCTOR (EQF Level 4)	N/A

SENIOR SPECIALIST (Active Senior) (EQF Level 4)	N/A to be introduced in 2025
Specialized Course in The Fitness Industry EQF Level 5.	N/A
MEDICAL PT - MOVEMENT THERAPY TRAINER (Trener Medyczny Terapia Ruchem) EQF Level 5	N/A
MEDICAL PT - Nutritional Therapy Practitioner (Trener Medyczny Dietetyka) EQF Level 5	N/A
MEDICAL PT - Mental Health Trainer (Trener Medyczny Psychologia) EQF Level 5	N/A